

Issue: People

Metric: Child Obesity

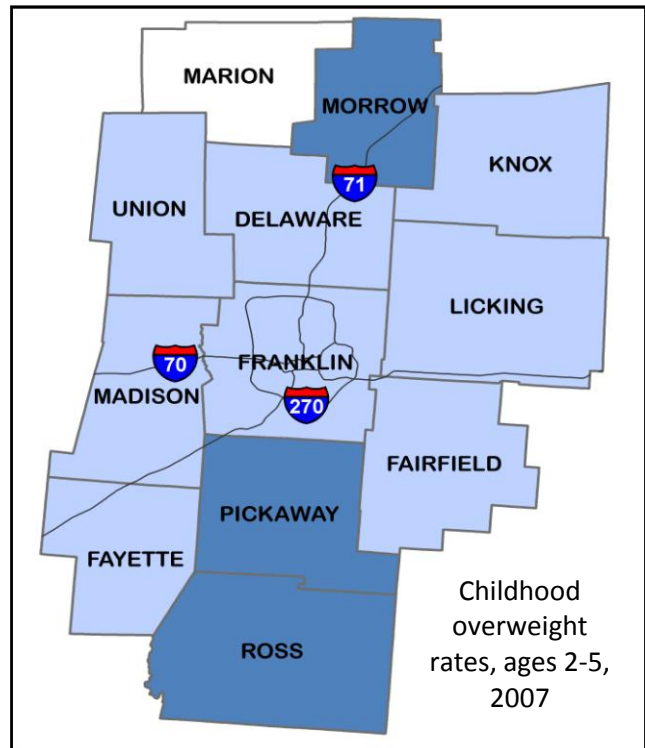
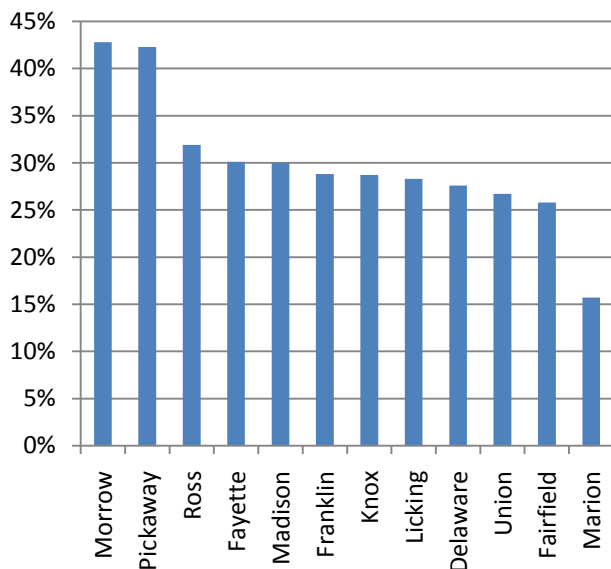
	% of Children Ages 2-5: Overweight or Obese
Delaware	27.6%
Fairfield	25.8%
Fayette	30.1%
Franklin	28.8%
Knox	28.7%
Licking	28.3%
Madison	30.0%
Marion	15.7%
Morrow	42.8%
Pickaway	42.3%
Ross	31.9%
Union	26.7%
Region	29.9%
Ohio	27.6%
Ohio: urban counties	28.5%
Ohio: rural counties	27.0%
USA	31.2%

Child obesity rates have been growing throughout the U.S. in recent decades. Childhood obesity is linked to land development patterns in which people drive more, exercise less, and eat less healthily.

This page shows the percentage of young children (ages 2-5) who are overweight in central Ohio as of 2007. The region has a slightly higher early childhood obesity rate than the state as a whole. The highest obesity rates for young children in central Ohio are in Morrow and Pickaway Counties, while Marion County has the lowest rate by far.

Both the state and the region have lower rates than the national average. Throughout Ohio, there is little difference between urban and rural counties in terms of overweight and obesity rates.

Percent of Children Ages 2-5 who are Overweight or Obese, 2007



Source: Ohio Department of Health 2007  
Pediatric Nutrition Surveillance System

<http://www.odh.ohio.gov/healthStats/data/pednss/pednss.aspx>

